

Summer trail	Distance (one way)	Elevation gain*	Elevation loss*	Est. time (return)	Trail description	Trailhead	Biking	E-biking	Horses
EASY TRAILS									
1	Wapta Falls	2.2 km	80 m	115 m	1.5 h	A forested trail to the widest waterfall on the Kicking Horse River. Watch for roots and be cautious on the steep final trail section to reach the base of the falls. Note: The 2-km Wapta Falls Road is closed from late October to late May.	Wapta Falls Day-use Area (Hwy 1 eastbound access only)		
2	Kicking Horse Fire Road	6.9 km	60 m	140 m	2 h (biking)	Walk or cycle on an old, forested road to a picnic site at 1.8 km. An old bridge across the Otterhead River marks the end of the trail.	Natural Bridge		
3	Emerald Lakeshore	5.2 km loop	minimal	minimal	2 h	Pleasant gravel trail along the shore of Emerald Lake, surrounded by mountain and glacier views. Come prepared for muddy and rooty conditions along the east side of the loop.	Emerald Lake		
4	Tally-Ho	3.2 km	90 m	115 m	2 h	Park at the Natural Bridge parking lot and cross Emerald Lake Road to access the Tally-Ho Trail.	Natural Bridge		
5	Centennial	1 km	55 m	35 m	45 min	Follow a narrow path along the north side of Yoho Valley Rd. The trail begins just before the bridge. Shaded trail along the Kicking Horse River that is known for wildflowers.	Parking lot across from Monarch Campground		
6	Takakkaw Falls	0.9 km	minimal	minimal	30 min	Easy stroll along a flat, paved path to the base of Canada's second highest waterfall. Do not climb on the rocks!	Takakkaw Falls		
7	Yoho Valley	Up to 6.4 km	270 m	110 m	4 h	Valley bottom trail along the Yoho River. Easy trail: Packed gravel path with minor elevation gain. Take short side trips to Point Lace Falls, Angels Staircase Falls Viewpoint and Duchesnay Lake. Moderate trail: Reach Laughing Falls at 4.5 km. Continue on for 3.9 km to Twin Falls, with an option to loop back to Laughing Falls via Marpole Lake. 🏔️ Laughing Falls and Twin Falls	Takakkaw Falls		
8	Great Divide (to Lake Louise)	9.8 km	210 m	120 m	2 h (biking)	Perfect for biking! Paved road to the historic archway marking the Continental Divide at 2.7 km. Continue for another 7.1 km to Lake Louise Drive.	Lake O'Hara parking lot		
MODERATE TRAILS									
9	Mt. Hunter Lower Lookout	3.5 km	495 m	15 m	3 h	Cross the highway to access the trailhead. Steep trail through an open forest to a historic fire lookout tower.	Wapta Falls (First parking area next to Hwy 1. Eastbound access only.)		
10	Hoodoos	3.2 km	400 m	55 m	2.5 h	Follow the closed campground road for 1.2 km. Steep, dry, and exposed trail (2 km) leading to hoodoos (capped pillars of glacial debris).	Hoodoo Creek Campground		
11	Emerald River	9 km	250 m	335 m	7 h	Connect from Emerald Lake to the Natural Bridge on this shaded riverside trail. Watch for narrow and steep sections.	Emerald Lake		
12	Emerald Basin	4.8 km	305 m	100 m	3.5 h	Start along the shore of Emerald Lake, then travel through ancient stands of hemlock and cedar to a natural amphitheatre.	Emerald Lake		
13	Little Yoho Valley	9.8 km	690 m	140 m	7 h or 2 days	Moderate to steep forested hike into a scenic hanging valley via Laughing Falls. 🏔️ Laughing Falls and Little Yoho	Takakkaw Falls		
14	Yoho Glacier Moraine	8.6 km	425 m	195 m	7 h or 2 days	From lush forests in the Yoho Valley to the stark, rocky landscape of a receding glacier. 🏔️ Laughing Falls and Twin Falls	Takakkaw Falls		
15	Paget Lookout	3.5 km	525 m	15 m	3 h	Steep, rocky trail to an old fire lookout with stunning views of the Bow, Cataract Brook and Kicking Horse valleys.	Sherbrooke Lake (Hwy 1 westbound access only)		
16	Sherbrooke Lake	4.3 km	280 m	75 m	3 h	Forested hike to a beautiful glacial lake rimmed with thick vegetation and avalanche debris.	Sherbrooke Lake (Hwy 1 westbound access only)		
17	Ross Lake	2.9 km	140 m	20 m	2 h	Stay on the Great Divide Trail for 2 km before turning onto a forested trail to a lake at the headwall of Narao Peak. Option to loop back via Lake O'Hara Road.	Lake O'Hara parking lot		
DIFFICULT TRAILS									
18	Mt. Hunter Upper Lookout	5.7 km	940 m	30 m	5.5 h	Cross the highway to access the trailhead. Continue past the lower lookout to rewarding views of the Kicking Horse and Beaverfoot valleys.	Wapta Falls (First parking area next to Hwy 1. Eastbound access only)		
19	Ottertail Valley	14.5 km	705 m	400 m	9 h or 2 days	Old forested road along the Ottertail River to its confluence with McArthur Creek. 🏔️ McArthur Creek	Ottertail Valley trailhead (Hwy 1 eastbound access only)		
20	Tocher Ridge	17.9 km	1,385 m	265 m	8+ h (hike and bike)	Recommended for very strong hikers only! Follow 12.3 km of riverside trails (biking permitted) before you begin the very steep and rugged climb (4.8 km, 915 m elevation gain) to an old fire lookout.	Natural Bridge		
21	Hamilton Lake	5.1 km	915 m	70 m	5 h	Steep and steady climb to a cliff-circled alpine tarn.	Emerald Lake		
22	Yoho Lake	4.9 km	435 m	130 m	3 h	A steep out-and-back hike to a peaceful backcountry lake. Take a rest at the Red Chairs and enjoy the reflection of Wapta Mountain. 🏔️ Yoho Lake	Takakkaw Falls		
23	Emerald Triangle	18.8 km loop	1,285 m	1,285 m	8 h	Popular loop hike with steady climbs from Emerald Lake to Yoho Pass, following the Wapta Highline to Burgess Pass before returning to Emerald Lake. Grand views of the Emerald Valley.	Emerald Lake OR Burgess Pass trailhead (unsigned turnout on Hwy 1 1.5 km east of Field)		
24	Iceline via Little Yoho	20.3 km loop	1,090 m	1,090 m	8 h or 2 days	Signature circuit from Takakkaw Falls along the Iceline to a high ridge with spectacular glacier views, descending to meadows in the Little Yoho Valley and returning via Laughing Falls. 🏔️ Yoho Lake, Little Yoho and Laughing Falls,	Takakkaw Falls		
25	Iceline via Celeste Lake	17.4 km loop	970 m	970 m	7 h or 2 days	Slightly shorter descent from the Iceline, bypassing the Little Yoho Valley but taking in Celeste Lake, alpine meadows, and sub-alpine forest. 🏔️ Yoho Lake and Laughing Falls	Takakkaw Falls		
26	Whaleback	20.5 km loop	1,110 m	1,110 m	7.5 h or 2 days	Classic circuit taking in the Yoho Valley and Twin Falls. Counter-clockwise direction recommended. Check trail report to ensure the seasonal suspension bridge is in. 🏔️ Laughing Falls and Twin Falls	Takakkaw Falls		

*On most trails you will gain and lose elevation before you reach your destination. Elevation gain represents all the up and elevation loss all the down you will experience on a one-way hike.



Trail Guide

BE A RESPONSIBLE TRAIL USER

- Pack out any garbage, food scraps and toilet paper.
- Pick up after your pet.
- Stay on maintained trails and don't take shortcuts.
- Dispose of any human waste at least 100 m from any water source. Bury solid waste in a hole 15 cm deep.
- Do not take or disturb natural objects (e.g. rocks, plants and fossils). It is illegal.

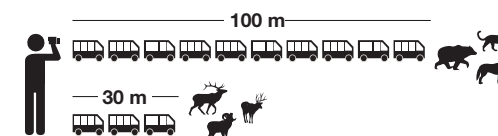
SAFETY IS YOUR RESPONSIBILITY

- Make sure everyone in your group has the required skills and experience.
- The mountain environment can be unpredictable. Always pack extra layers, food and water.
- Tell someone where you plan to go and when you plan to return.
- In case of EMERGENCY call 911 or push the SOS button on your satellite communication device. Cell phone coverage is not available on most trails.

WILDLIFE

Avoid dangerous wildlife encounters:

- Let bears know you are there! Talk, sing or shout occasionally. Bells are not effective.
- Be alert. Never wear headphones.
- Slow down. Runners and bikers are more likely to surprise an animal.
- Keep dogs on leash at all times. It is the law.
- Carry bear spray and know how to use it: parks.canada.ca/bearspray
- Report all wildlife incidents to Parks Canada Dispatch: 403-762-1470
- Keep a safe distance. It is illegal to feed, entice or approach wildlife.



BACKCOUNTRY CAMPING

- A backcountry camping permit is mandatory to stay at a backcountry campground. Purchase yours at reservation.pc.gc.ca, or by calling 1-877-737-3783. You must camp at the specified campground(s) on your permit on the reserved date(s). More info: parks.canada.ca/yoho-backcountry
- Same-day backcountry campground permits, random camping permits and bivouacking permits can be purchased at Parks Canada visitor centres.
- Carry your permit with you on your trip. There may be random patrol checks.



Campfires are prohibited in the backcountry of Yoho National Park.

LAKE O'HARA

- Access to this area is limited to provide high-quality and meaningful experiences for visitors, and to maintain Lake O'Hara's unique alpine environment.
- Personal vehicles and bikes are not allowed on Lake O'Hara Road. Advance reservations for the day-use shuttle and campground are required. For more information and a hiking map visit: parks.canada.ca/lakeohara

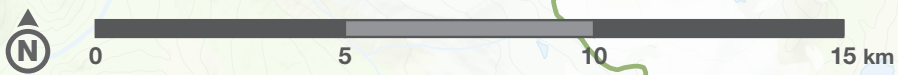
BURGESS SHALE FOSSILS GUIDED HIKES

Join Parks Canada guides to access restricted fossil sites and hold 500-million-year-old fossils in your hands! Reservations are required: parks.canada.ca/burgessshale

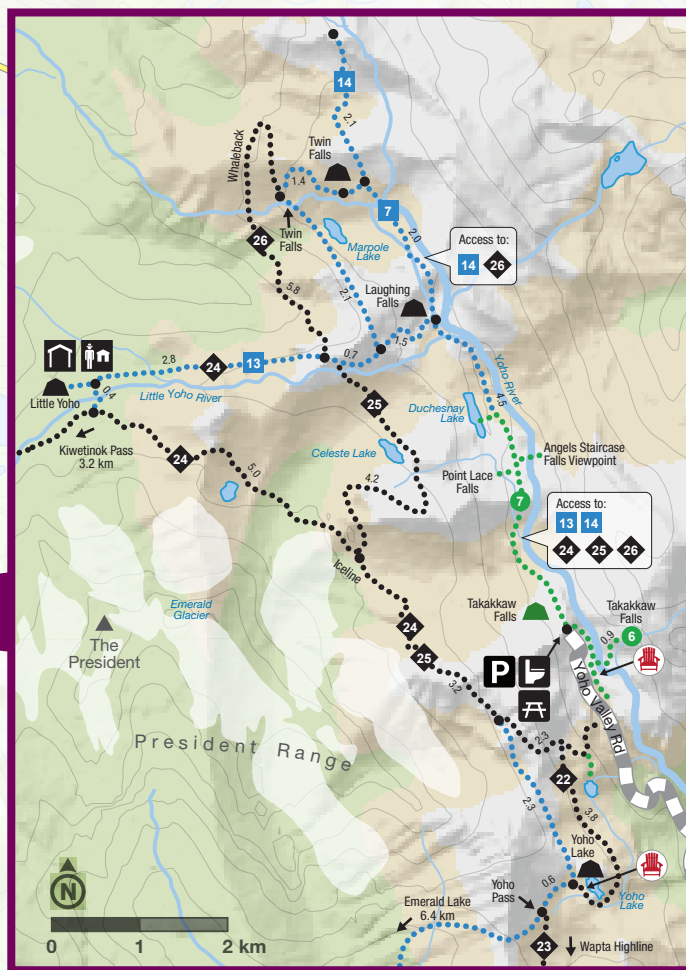


AVALANCHE DANGER

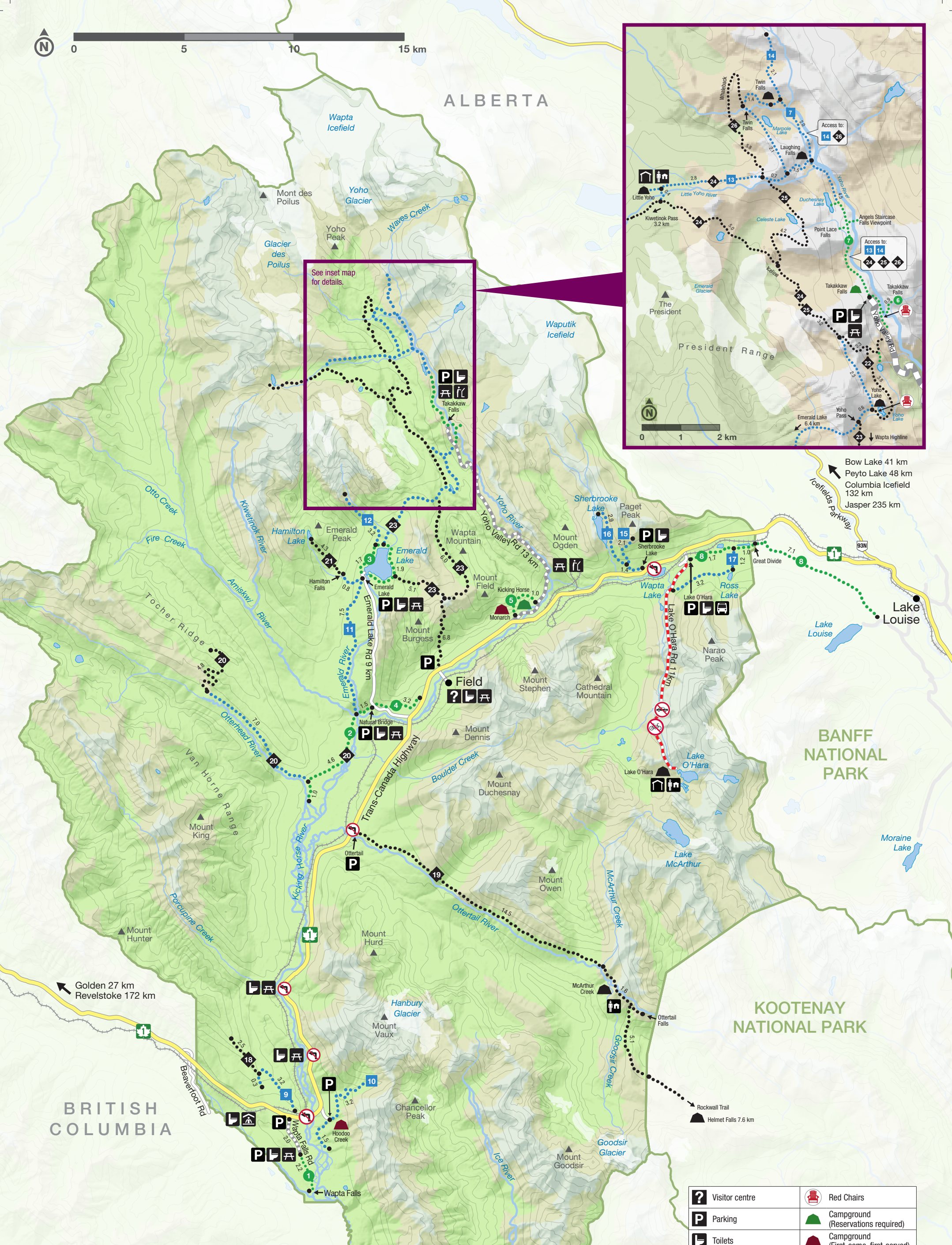
Avalanche season in the mountains extends from November to June. Even a short walk can take you into dangerous terrain. Check current conditions on: avalanche.ca



ALBERTA



See inset map for details.



Bow Lake 41 km
 Peyto Lake 48 km
 Columbia Icefield 132 km
 Jasper 235 km

BANFF NATIONAL PARK

KOOTENAY NATIONAL PARK

BRITISH COLUMBIA

1 Wapta Falls	9 Mt. Hunter Lower Lookout	18 Mt. Hunter Upper Lookout
2 Kicking Horse Fire Road	10 Hoodoos	19 Ottertail Valley
3 Emerald Lakeshore	11 Emerald River	20 Tocher Ridge
4 Tally-Ho	12 Emerald Basin	21 Hamilton Lake
5 Centennial	13 Little Yoho Valley	22 Yoho Lake
6 Takakkaw Falls	14 Yoho Glacier Moraine	23 Emerald Triangle
7 Yoho Valley	15 Paget Lookout	24 Iceline via Little Yoho
8 Great Divide (to Lake Louise)	16 Sherbrooke Lake	25 Iceline via Celeste Lake
	17 Ross Lake	26 Whaleback

PLAN AHEAD AND COME PREPARED

- Trail conditions report: parks.canada.ca/yoho-trails
- Weather forecast: weather.gc.ca
- Warnings, closures and restrictions: parks.canada.ca/yoho-bulletins
- Yoho Visitor Centre: 250-343-6783 | yoho.info@pc.gc.ca

Using recreational drones/UAVs in the national parks without a valid permit is prohibited. Violators may be charged and could pay fines of up to \$25,000.

Visitor centre	Red Chairs
Parking	Campground (Reservations required)
Toilets	Campground (First-come, first-served)
Picnic area	Backcountry campground (Reservations required)
Interpretive exhibit	Road closed seasonally
Parks Canada station	Road closed to personal vehicles
Park gate	Park boundary
Lake O'Hara bus (Reservations required)	Easy trail
Alpine Club of Canada Hut	Moderate trail
Biking not allowed	Difficult trail
No left turns off/onto highway	